



**RESTAURANT
PhD**
Not just experience. Expertise.

Restaurant PhD Self-Assessment Tool

A Comprehensive Operational Excellence Evaluation

How to Use This Assessment

Scoring Scale:

- 4 = Excellent (Consistently exceeds standards)
- 3 = Good (Meets standards regularly)
- 2 = Fair (Sometimes meets standards)
- 1 = Poor (Rarely meets standards)
- 0 = Not Applicable/Not in Place

Instructions:

1. Rate each area honestly based on current performance
2. Provide specific notes for scores of 2 or below
3. Calculate section averages to identify priority areas
4. Use results to create an action plan for improvement

P - PEOPLE & CULTURE

Leadership & Management

- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Leadership team demonstrates consistent vision and values alignment
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Managers effectively coach and develop team members
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Clear accountability systems are in place and followed
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Communication flows effectively up, down, and across the organization

Hiring & Onboarding

- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Structured hiring process attracts quality candidates
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Comprehensive onboarding program for all positions
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | New hires receive proper training before working independently
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | 30-60-90 day check-ins are conducted consistently

Employee Engagement

- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Team members are engaged and motivated
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Recognition and reward systems are effective
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Career development opportunities are available
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Employee turnover is at acceptable levels

Training & Development

- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Comprehensive training programs for all positions
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Regular skills assessment and development planning
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Cross-training programs increase flexibility
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Leadership development pathway exists

People & Culture Section Average: ____/4

H - HOSPITALITY & SERVICE

Guest Experience Standards

- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Clear service standards are defined and followed
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Consistent greeting and farewell procedures
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Staff demonstrates genuine hospitality and care
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Service recovery procedures are effective

Guest Satisfaction

- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Regular guest feedback collection and analysis
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Online reviews are consistently positive
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Guest complaints are resolved quickly and effectively
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Mystery shop scores meet or exceed targets



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Service Execution

- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Service timing meets established standards
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Staff knowledge of menu and offerings is comprehensive
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Upselling and suggestive selling are natural and effective
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Special dietary needs are handled professionally

Brand Experience

- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Brand standards are consistently maintained
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Physical environment supports brand positioning
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | All touchpoints deliver consistent brand experience
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Staff embodies brand values in interactions

Hospitality & Service Section Average: ____/4

D - DOLLARS & FINANCIAL PERFORMANCE

Cost Management

- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Food cost percentage is at or below target
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Labor cost percentage is optimized and controlled
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Operating expenses are managed effectively
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Waste tracking and reduction programs are in place

Revenue Generation

- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Sales trends are consistently positive
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Average check growth strategies are effective
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Customer count trends are stable or growing
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Off-premise sales channels are optimized

Financial Controls

- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Daily cash handling procedures are followed
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Weekly P&L reviews identify variances quickly
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Inventory management systems are accurate
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Budget forecasting and variance analysis are regular

Profitability

- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | EBITDA margins meet or exceed targets
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Menu engineering drives profitable mix
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Pricing strategies optimize revenue and volume
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | ROI on marketing investments is tracked and positive

Dollars & Financial Performance Section Average: ____/4

OPERATIONAL EXCELLENCE AREAS

Food & Beverage Quality

- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Food quality consistently meets standards
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Recipe standardization and portion control
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Beverage programs (alcoholic and non-alcoholic) excel
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Menu innovation and seasonal updates are effective

Kitchen Operations

- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Kitchen timing and coordination are excellent
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Food safety protocols are strictly followed
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Equipment maintenance prevents disruptions
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Prep and mise en place systems are efficient

Technology & Systems

- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | POS system is optimized and reliable
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Technology enhances guest experience
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Data and reporting systems provide actionable insights
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Third-party integrations work seamlessly

Safety & Compliance

- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Health department standards consistently exceeded
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Workplace safety protocols prevent incidents
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Alcohol service compliance (where applicable)
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | All regulatory requirements are met or exceeded

Facilities & Maintenance

- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Physical appearance supports brand image
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Preventive maintenance programs prevent issues
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Cleanliness standards exceed guest expectations
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Energy efficiency and sustainability programs

Operational Excellence Section Average: ____/4

MARKETING & GROWTH

Brand & Marketing

- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Local marketing efforts drive measurable results
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Social media presence is engaging and active
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Customer loyalty programs are effective
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Community involvement enhances brand reputation



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Strategic Planning

- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Clear vision and strategic plan guide decisions
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Performance metrics are tracked and acted upon
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Competitive analysis informs strategy
- ☐ 4 ☐ 3 ☐ 2 ☐ 1 ☐ 0 | Innovation and adaptation to market changes

Marketing & Growth Section Average: ____/4

OVERALL ASSESSMENT SUMMARY

Section	Score	Priority	Level
People & Culture	____/4	_____	_____
Hospitality & Service	____/4	_____	_____
Dollars & Financial Performance	____/4	_____	_____
Operational Excellence	____/4	_____	_____
Marketing & Growth	____/4	_____	_____
Overall Average	____/4	_____	_____

Priority Action Areas (Scores 2.5 and below):

1. _____
2. _____
3. _____

Strengths to Leverage (Scores 3.5 and above):

1. _____
2. _____
3. _____

Remember: Restaurant PhD isn't just about having systems—it's about executing them consistently with excellence. Use this assessment as a roadmap to operational mastery.